



Capital Area Parkinson's Society

Newsletter/November 2020

P.O. Box 27565, Austin, Texas 78755-2565

512-371-3373

capitalareaparkinsons.org

A Word from Your President

HAPPY THANKSGIVING! I hope that you and your family can have a safe and precautionary time together, whether in a small gathering or through a virtual experience. Despite our challenges and difficulties through this COVID-19 crisis, we can still find SOMETHING to be grateful for. For CAPS, that means expressing our gratitude and appreciation to each of you for your support and involvement in our programs and for being a part of our CAPS family, so THANK YOU! As you can see, this month's newsletter is almost completely devoted to our upcoming Virtual Gala fundraiser, Friday, November 6, 6:00-7:30 pm. We are anticipating a really special and meaningful event. I hope that you will be able to join in the fun! To RSVP is free and can be done through the CAPS website. In the past, we have suggested various ways that you could help us in our fundraising efforts—well, this is one major way that you can do that. Non-profit organizations like CAPS have been hit hard by the COVID-19 crisis, so we are reacting in the most creative and rewarding ways that we can. We look forward to your participation and support.

Take care and stay safe, Ingrid

Capital Area Parkinson's Society
6th Annual

VIRTUAL FALL GALA

Friday, November 6, 2020
6-7:30 p.m.

ONLINE AUCTION • RAFFLE • GREAT MUSIC LINEUP

Event produced by
Brandon Shabazz

To RSVP, please visit our website at capitalareaparkinsons.org and click on the link just below the Save the Date image or contact CAPS at 512-371-3373 or info@capitalareaparkinsons.org.

All proceeds benefit the programs and services of the Capital Area Parkinson's Society.

SAVE THE DATE

Featured Auction Items

1 Week Respite Care, Parsons House



1-Night Stay Fairmont Hotel

Men's Egyptian Ring



Italian Amulet Pendant

Featured Raffle Item



Custom Made, Hand Painted, Solid Wood Adirondack Chairs

Similar style with more decorative detail and a whimsical flair. Valued at \$250 each but raffled as a set.

Tickets: \$10 each or \$50 for 6 chances to win!

CAPS Signature T-Shirt



Soft jersey feel unisex t-shirts
\$20 each

Highlighted Auction Items

Auberge Wine Basket
Beauty Triq Salon
Gold Nugget Ring (Men's)
Gold Open Band Ring (Men's)
Kendra Scott Jewelry
Messina Hof Wine Tour
Tiger Eye Gold Ring (Woman's)
Tito's Gift Basket
Various Restaurant Gift Cards

Meet Your CAPS Board of Directors



John McGlothlin III, PhD, CFP®

John is a central Texas native. As a financial advisor at Southwest Retirement Consultants, he helps clients prepare for and navigate their retirement years. John's concern with the financial implications of significant, late-in-life health events led him to join the CAPS board in 2020. He lives in Round Rock with his wife, Blair Adams, and their incorrigible dog, Pita.

Happy Thanksgiving



Area Outreach Support Groups

Burnet – 2nd Wednesday @ 2pm
 Seton Highland Lakes Hospital,
 Conference Room
 309 Industrial Blvd. (Behind Hospital)
 Burnet, TX 78611

Deep Brain Stimulation (DBS) – 3rd Friday @ 2pm
 Neurology Solutions Office
 12345 N. Lamar Blvd.
 Austin, TX 78753

Lakeway – 1st Tuesday @ 2pm
 Baylor Scott & White Institute for
 Rehabilitation Lakeway
 2000 Medical Drive
 Lakeway, TX 78734

For more information, visit www.capitalareaparkinsons.org.

Lakeway – 1st Wednesday @ 11am
Caregivers Only
 Belmont Village Lakeway
 Center for Learning
 107 Bella Montagna Circle
 Lakeway, TX 78734

Parsons House – 2nd Wednesday @ 11am
 1130 Camino La Costa
 Austin, TX 78752
 512-371-3373

Simultaneous Care Partner and Patient – 2nd Tuesday @ 10:15am
 Covenant Presbyterian Church
 3003 Northland Drive
 Austin TX 78757

The Village at the Triangle – 4th Wednesday @ 3pm
 The Commons Meeting Room
 4517 Triangle Avenue
 Austin, TX 78751

IMPORTANT NOTICE!

We are currently hosting two of our support groups virtually. But, we are in great need of more facilitators. If you are interested, please contact the CAPS office for more information.

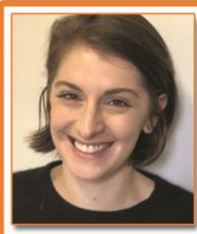
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November Membership Meeting



A Research Update from The Michael J. Fox Foundation
 Presented by Kimberly Tronolone



Virtual Meeting
November 21st
Saturday
2:00 p.m.

Kimberly joined the Michael J. Fox Foundation in November, 2019 as an Advancement Officer. Prior to that, she worked as the Development Coordinator at the Endometriosis Foundation of America where she lead initiatives to increase community engagement and worked to increase disease awareness and understanding amongst supporters, researchers, and students alike.

Kimberly received her BA from Hampshire College in 2012. In 2016 she received a Masters degree in Nonprofit Management from The New School. Born and raised in Brooklyn, she still resides there with her husband, Sam.

Following the presentation, there will be a fun dance exercise recorded by Art Beat Dance Center. A link will be posted on the website. They also offer a free PD class—visit <https://www.artbeatdancecenter.com/schedule>.

