



# Capital Area Parkinson's Society

Newsletter/April 2017

P.O. Box 27565, Austin, Texas 78755-2565

capitalareaparkinsons.org

Capital Area Parkinson's Society

## Annual Conference

### What's on the Horizon?

#### New Developments in Parkinson's Disease

**Saturday, April 22, 2017 • 1:00-5:00pm**  
**St. David's Medical Office Bldg. 5th Floor**  
**3000 N. IH-35, Austin, Texas**

**Attendance and Parking is free!**  
**RSVP to [info@capitalareaparkinsons.org](mailto:info@capitalareaparkinsons.org)**



April is Parkinson's Awareness Month



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### board of Directors

President - Tereasa Ford, LBSW, Central TX Rehab Hospital  
Vice President - Deborah Bryson, Accolade Home Health  
Secretary - Donna Hohm, Wyoming Springs  
Treasurer - Tim Ebest, Our Family Home Care

Philip Curtain, Retired Psychologist  
Jene Ebest, Our Family Home Care  
Jennifer Frank, MSW, Vibra Rehab Hospital  
Paul Hagen, Retired CPA  
Jeana Hinch, Belmont Village  
Andrew Hodge, Home Care Assistance  
Kitty Hoskins, Retired & CAPS Advisor  
Dee Kincke, Kindred Hospice  
Shane Latson, Parsons House  
Susie Lightfoot Scherr, Retired & CAPS Advisor  
Douglas McArthur, Retired  
David Miller, Retired  
Kay Peterson, Retired & CAPS Newsletter  
Bob Sahm, Retired CPA  
Ingrid Sarrat, Home Helpers Home Care  
Michelle Schoonover, PhD  
Shirley Uzzell, Retired RN & CAPS Advisor  
Becky Wolfe, Retired RN

## CAPS Office - New Hours



Beginning in April, Mary Jackman, our office manager, will begin working full time Monday through Friday. She will continue assisting us at our monthly member meetings on the 3rd Saturday of each month, with some of our support groups and also other community events. So if she doesn't answer the phone, please leave a message and she will get back to you as soon as possible.

## Area Outreach Support Groups

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**Belmont Village – 2<sup>nd</sup> Friday @ 10:30am**  
4310 Bee Cave Road  
Westlake Hills, TX 78746

**Burnet – 2<sup>nd</sup> Wednesday @ 2pm**  
Seton Highland Lakes Hospital,  
Conference Room  
309 Industrial Blvd. (Behind Hospital)  
Burnet, TX 78611

**Deep Brain Stimulation (DBS) –  
3<sup>rd</sup> Friday @ 2pm**  
Neurology Solutions Office  
12345 N. Lamar Blvd.  
Austin, TX 78753

**Lakeway – 1<sup>st</sup> Tuesday @ 2pm**  
Vibra Rehabilitation Hospital of Lake Travis  
2000 Medical Drive  
Lakeway, TX 78734

**Participant Organized Parkinson's  
Singing Group – Wednesdays 12:30-1:30pm**  
Unity Church of the Hills, Unity Oaks Bldg.  
9905 Anderson Mill Road  
Austin, TX 78750

**Querencia/Barton Creek Southwest –  
4<sup>th</sup> Wednesday @ 2:30pm**  
Plaza Building, 2<sup>nd</sup> Floor, Lantana Room  
2500 Barton Creek Blvd.  
Austin, TX 78735

**Round Rock – 4<sup>th</sup> Tuesday @ 3pm**  
Wyoming Springs Assisted Living  
7230 Wyoming Springs Drive  
Round Rock TX 78681

**Simultaneous Care Partner and Patient –  
2<sup>nd</sup> Tuesday @ 10:15am**  
Covenant Presbyterian Church  
3003 Northland Drive, Austin TX 78757

**Young Onset Parkinson's Disease (under 55)  
Last Saturday @ 10:00am**  
Stinson's Bistro, 4416 Burnet Road  
Austin TX 78756  
Contact: Bob Sahn at 512-914-2132  
or [rsahm99@gmail.com](mailto:rsahm99@gmail.com)

For more information, visit [www.capitalareaparkinsons.org](http://www.capitalareaparkinsons.org).

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### April – Annual Conference

**Saturday, April, 22 ■ 1:00–5:00 p.m.  
Medical Office Building, St. David's Medical Center  
3000 N. IH-35, 5<sup>th</sup> Floor Conference Room**

#### *What's On the Horizon – New Developments in Parkinson's Disease*

This month is our second Annual Conference. Our Keynote Speaker will be **Dr. Mindy Bixby** who is a board-certified neurologist and has a special interest in movement disorders, Parkinson's, essential tremor, atypical Parkinson's, dystonia, ataxia and spasticity. There will also be two breakout sessions: 1) *Is DBS Right for Me?* and 2) *Working with Parkinson's: Planning for the Future*. After the last break there will be a choice of exercise sessions provided by Power for Parkinson's.

Please come join us for an afternoon of interesting discussion and fun. Attendance and parking are free! RSVP to [info@capitalareaparkinsons.org](mailto:info@capitalareaparkinsons.org).