

CAPITAL AREA PARKINSON'S SOCIETY

P.O. Box 27565

Austin, Texas 78755-2565



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P.O. Box 27565

Austin, Texas 78755-2565

(512) 459-9876

A 501(3)(C) Non-Profit

www.capitalareaparkinsons.org

September, 2007

2007 CAPS Officers

President:

Lois Rice

Vice President:

Maxine Jenks

Secretary:

Cathy Rivera

Treasurer:

Emile Mailloux

Advisors

Sam Anderson

Lorraine Chammah

Kitty Hoskins

2007 Members

Jenny Banks (New)

Patricia Bordie

Deborah Bryson

Herman Cavel

Vilma Falck

Fran Gerling

Jack Gerling

Mary Gilcrease

Wynnette Harris

Genie Jackson Jones

Don Jones

Phyllis Jones

Susie Lightfoot Scherr

Betty Mailloux

Barbara Metzger

Claudette Porter

James Shrader

Yulah Sisler

Webmaster:

Mark Lamkin

September Meeting

The next meeting of CAPS will be held Saturday, September 15th, 2007 at 2:00 pm in the Mc Fadden Auditorium at Seton Main Hospital.

Parking is available in the garage at the south entrance. Free parking vouchers are available at the meeting.

This month we will be hearing from a Pharmacist from CVS. As of this writing, I don't have a name or a topic, but it seems safe to assume the subject of the talk will involve prescription drugs. If I receive more information before the 15th, we'll update the online version of this letter.

August Meeting Update

Jennifer Perez-Del Rio, an occupational therapist from St. David's Hospital explained the driving program which is offered there. She evaluates a person's capabilities and determines if the person is able to drive a car safely. Much of her job is to develop ways to ENABLE A PERSON

TO DRIVE A CAR, perhaps with slightly modifying the car. She mentioned that sometimes a person's feet become less sensitive and cannot tell the difference between pressing on the floorboard and pressing on a pedal. Installing hand controls and teaching the person how to use them may allow the person to continue driving.

Mary Davidson is continuing to coordinate a volunteer system to secure rides for persons who wish to attend our Saturday meetings. The system works like this:

1. Persons who are willing to pick someone up (in their general area of town) and give them a ride would call Mary at 257-0529 (home) or 659-9478 (cell) and leave their names and phone numbers.

2. Persons who wish to have a ride to the meeting would call Mary by the WEDNESDAY before the Saturday of the meeting. Mary would then match riders with rides.

Suggestion: Attach this information to your CAPS Directory or tape it to your refrigerator.

Submitted by Lois Rice



Future Meetings
CAPS Monthly Sessions

Date	Session	Notes
October 20	Round Table Discussion	Sharing problems and solutions
November 17	Dr. David Morledge	Topic not yet available
December 15	Christmas Party	Seasonal meet and greet

Other Meetings

October 27	Caregivers only at Riverbend Church	Sharing problems and solutions
November 13	Board of Directors at Parsons House	Charting the course for 2008

Announcements

- Mary Gilcrease has donated a number of items to CAPS . There are several potty chairs, risers for commodes, 2 walkers, and one electric bed. Contact Kitty at 345-6408 if you can use any of these items. Many thanks to Mary.
- Don Hoskins is at the Retirement and Nursing Center, 6909 Burnet Lane, Room 124. His brother, Walter, passed away August 30, 2007. Don would enjoy a visit or appreciate a card.
- Frank Falck is now at Westminster Manor.
- The Freddy Powers Parkinson Foundation has moved to a new office. It is located in Room 123 in the New Age Building at 38th and Cedar Streets.

Young Onset Group Meeting

The Young Onset Group meeting will be held Sunday, September 16th, 2007 at 3:00 PM at the Red Lobster, 109 W. Anderson. For more information, contact James Shrader at 671-3067 or at mr12stringjms@aol.com.

Opportunity Is Knocking

This organization operates entirely on volunteers, persons with PD, caregivers, agencies of assistance, and persons who just plain care. Some persons spend many hours each month on behalf of CAPS. Others are able to contribute less time. Every contribution is priceless.

As time goes by, circumstances change, and current volunteers eventually need relief from their responsibilities. At this time, we are seeking members for the Board of Directors (four meetings a year, but they run the organization), and officers for CAPS. All of us have talents, opinions, and ideas. Your ideas are as valuable as the next person's, and may be something new. When the nominating committee calls you, say 'YES!'.....Or better yet, call Jenny Bankston 252-1512 or Kitty Hoskins 345-6408, and VOLUNTEER. It gives you a good feeling inside.

Speaking of Opportunities . . .

Be the first to know what's going on. Write the newsletter. We need a volunteer to replace Tom Fisher, who has been handling the task.

Much of this job can be done from home. A computer is required. Once a month, the editor prepares the newsletter and takes it to the printer (though e-mailing it is likely but untried an option). The editor's job is done.

The printer prints the newsletter, folds it, and delivers it to Parson's House. There, two other volunteers put the address labels on it and take it to the Main Post Office, 8225 Cross Park Dr.

