



**PSYCHOLOGICAL CONSULTANTS AVAILABLE
JUNE 2008**

Dealing with Parkinson's Disease can be difficult for everyone it touches. To assist our members, their carepartners and family, the Capital Area Parkinson's Society (CAPS) prepared this listing of psychologists in the Austin area that can provide assistance.

The counselors listed on the following pages were identified by the Capital Area Psychological Association Referral Service or recommended by others. In order to identify appropriate counselors, the entire list of psychologists was contacted and asked a few screening questions such as experience with chronic disease. All accept self-referral. They have obtained their training and education at universities, hospitals, and care facilities all over the US. They are all prepared to identify and deal with depression and anxiety with clients.

Central Texas is considered an over-served area psychologically, and compensation by Medicare and possibly other insurers is lower. The cost of counseling and method of payment is discussed by the client and the psychologist. Most of the counselors listed are already approved as Medicare Providers; others who are not are identified.

These are Ph.D.(doctoral) and Master's level counselors. They are not medical doctor psychiatrists (M.D.'s). The Texas Psychiatric Society does *not* have a referral service. If your preference is for a psychiatrist, you will need to obtain a referral from your physician.

The list is geographically divided into NW/North, SW/South, Central, and Young Onset. There were no counselors located east, and the majority of counselors are located in Central Austin.

The professionals listed have generously agreed to allow CAPS to publish their names and contact information for the benefit of those we serve. Please use this information only for its intended purpose.



Capital Area Parkinson's Society

NORTH/NORTHWEST

Bettina Adelberg-Dubin, PhD 512-343-8307 Medicare Provider
Chronic disease and geriatric experience

Bonny Gardner, PhD 512-338-0201 Medicare Provider
Chronic disease and Parkinson's experience

Fred Hill, PhD 512-346-2332 Medicare Provider
Counsels more on relationships in older adults than
chronic disease

Sarah Jackson, PhD 512-289-5486 Medicare Provider
Chronic disease and nursing home experience
case load is often full

David Litton, PhD 512-345-6781 Medicare Provider
Chronic disease and older adult experience – father
has Parkinson's.

Marsha McCrary, PhD 512-338-0708 Medicare Provider
Specializes in older adults with chronic disease before
terminal stages – located on second floor with stairs and
no elevator

Jo Ann Powell, PhD 512-431-9326 Reactivating Medicare
Experience with older adults and chronic disease

Dan Roberts, PhD 512-388-2006 Medicare Provider
Older adult and chronic disease experience

Matthew Wong, PhD 512-380-4600 Private Pay
Chronic disease and geriatric experience

SOUTH/SOUTHWEST

Sandy Andrews, PhD 512-444-6110 Medicare Provider
Experience with older adults and chronic disease
cognitive behavioral therapy

Barbara Burnham, PhD 512-891-6400 Medicare Provider
Experience with older adults and chronic disease including
Parkinson's; extensive hospital and rehabilitation
experience

Hildy Dinkins, PhD 512-771-8027 Medicare Provider
Prefers older adults; experience with chronic disease
including Parkinson's



Capital Area Parkinson's Society

Thomas Kremer, PhD 512-329-0017 Medicare Provider
Experience with older adults in nursing homes and in
private practice; experience with brain injuries.

Dawn Lakamsani, LCSW (licensed certified social worker) Medicare
512-218-9555 Application
dawn@seniority.com
Specializes in older adults with experience in chronic
disease; makes house calls

James Linn, PhD 512-453-0049 Medicare Provider
20 years counseling experience including chronic disease
and family counseling

Martita Lopez, PhD 512-232-4626 Medicare Provider
Experienced with older adults, chronic disease,
Parkinson's and rehabilitation

Paula Newman, PhD 512-732-8928 Medicare Pending
Specializes in chronic pain; experience with all ages
*ALSO LISTED WITH YOUNG ONSET

Betty Peterson, PhD 512-345-9900 Medicare Provider
Older adult experience mental health facility, experience
with chronic disease

Mary Teague, PhD 512-499-8418 Medicare Application
Experienced with chronic disease and interested in
Parkinson's

Matthew Turner, PhD 512-767-5539 Medicare Provider
Consultant at Seton and St David's; experienced with
older adults and chronic disease

George Withers, PhD 512-459-6000 Medicare Provider
Prefers working with older adults; experienced with
chronic, acute and multiple illnesses.

YOUNG ONSET These counselors also are experienced with younger
clients.

Paula Newman, PhD
JoAnn Ponder, PhD
Genia (Anna) Simmons, PhD